

# GASTROSCOPY & COLONOSCOPY BOOKING

Peninsula Gastroenterology  
Dr Rob Herrmann, Dr Richard La Nauze & Dr Abha Kaul  
Consulting Rooms  
26 Haig Street, Mornington, 3931  
Ph: 5975 5066 Fax: 5906 5840

**PLACE:** Peninsula Private Hospital  
525 McClelland Drive  
FRANKSTON, Vic., 3199

**DATE:** .....

**ADMISSION TIME:** .....

## **PRIOR TO ADMISSION**

Please complete the attached admission form and return it to Peninsula Private Hospital as soon as possible.

## **DO ANY OF THE FOLLOWING APPLY TO YOU? IF SO, YOU MUST NOTIFY US.**

Pacemaker                      Gastric Lap Band  
Diabetes                        Blood thinning medication  
Body Weight over 110 kg

## **PREPARATION**

- You need to purchase the colonoscopy preparation kit from the chemist and follow our page of instructions, **not those supplied with the kit.**
- Nothing to eat or drink for at least 6 hours before the procedure. Take all your usual medication with a small sip of water. Please ask us if you have any concerns about this.
- **DO NOT TAKE IRON TABLETS FOR AT LEAST 7 DAYS BEFORE PROCEDURE.**
- If you are taking **blood thinning medication**, please ask us **when you should stop** it prior to the procedure.
- No make-up, nail polish or jewellery to be worn.
- DO NOT remove dentures or hearing aids.
- Wear comfortable clothing and flat shoes. You will be given a gown to wear for the procedure.

## WHAT TO TAKE WITH YOU

- Medicare card, Private Health Insurance details or Veterans' Affairs Card, Pension Card.
- Do not take any jewellery or other personal items that could be mislaid.
- The names and phone numbers of at least 2 people who could be contacted in an emergency.

## GOING HOME

- You will be sedated for this procedure and therefore **MUST** have a relative or friend to accompany you home and **stay with you overnight.**
- **YOUR PROCEDURE WILL BE CANCELLED UNLESS YOU HAVE SOMEONE TO DRIVE YOU HOME AND STAY WITH YOU.**
- You will be ready to be taken home by your nominated person approximately 3 hours after your admission time.

## ACCOUNTS – please read carefully

You are responsible for the payment of your accounts, unless we bill your private health fund directly.

Your accounts will include

1. The doctor's account for the procedure  
Item No.: .....
2. Account from the anaesthetist for the sedation
3. Theatre fee for Peninsula Private Hospital
4. Pathology account if a biopsy is taken – ***there may be an out of pocket cost for pathology***

Medicare will refund a portion of the accounts except for the theatre fee. The theatre fee will be funded partially or completely if you have private health insurance. Private health insurance will also cover part of the doctors' fees and pathology.

**If your policy does not cover for GAPCOVER you will have an out of pocket to pay for Dr. Herrmann or Dr. La Nauze**

You may be required to pay an out of pocket gap for our doctor. This will be .....

If you are uninsured, the Peninsula Private Hospital will contact you with a quote to be paid on the day of the procedure.

If you are uncertain about your level of private cover, please check with your health fund or Peninsula Private Hospital to see if you are fully covered. Any excess must be paid on the day.

Anaesthetist - See yellow form to obtain a quote / your account will be sent to the health fund.

**PLEASE CONTACT US ON 5975 5066 IF YOU HAVE ANY QUESTIONS.**